## The Gay Men's Health Movement in the United States

## Reconceptualizing & Reinvigorating Our Work with Gay Men's Communities

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- Origins
  - Gay men's STD movement
  - HIV/AIDS prevention
  - LGBT health movement
  - Women's health movement
  - Dallas, 1995: GLMA Summit formally identifies need for new generation of gay men's health work

- Key Events
  - Philadelphia, 1997: Transformation of Safeguards from HIV focus to GMH
  - National Gay Men's Health Summit I.,
     Boulder in 1999: 300 participants
  - National Gay Men's Health Summit II.,
     Boulder in 2000: 500 participants

- Key Events (continued)
  - 2000-2002: Over 25 local & regional gay men's health summits held in the U.S
  - Gay Men's Health Summit III., Raleigh, NC in August 2003: 400 participants
  - Seattle & San Francisco 2003: Opening of Gay City's Health Clinic and Magnet

- Ideas to consider about the gay men's health movement
  - Theory and research based
  - Strategically planned
  - Principle driven
  - Core issues to gay and bi men of all colors focused upon

#### Characteristics

- Focused primarily on the "G" in LGBTI
- Decentralized, anarchistic and neotribal
- De-professionalized
- Community-based and subculture-based
- Mobilization focused
- Dependent upon the kindness of strangers

#### The Path Forward

- National Gay Men's Health Summit IV. in 2005
- Identification and educating of organizers for diverse gay men's health movements
- Creation of local community-based gay men's health summits, projects, and trainings (i.e. Gay City Health Project in Seattle; Magnet in San Francisco)

#### **Six Foundational Principles**

of gay men's health summits, projects, or campaigns

- Replace the HIV-centric paradigm of health advocacy for gay men with holistic models that integrate (but do not default to) HIV
- Exit the crisis paradigm of HIV work and embrace contemporary understandings, meanings, and implications of HIV for gay men of all colors & classes
- Challenge deficit-based models for work with gay men and replace them with asset-based approaches

#### **Six Foundational Principles**

of gay men's health summits, projects, or campaigns

- Strategically and politically confront structural forces challenging the well-being of gay & bi men
- Embrace a "big tent" vision of community, respecting diverse ways of organizing sex and relationships among gay men → shame and guilt are the health hazards, rather than specific sex practices and sex cultures
- Launch only efforts that are neither overtly or covertly sanitizing, sanctimonious or moralistic.

### **Address the 8 Core Issues**

Confronting queer men of diverse generations, ethnicities, races, locations, and social classes

- Explore the longings for intimacy and connection with other men and the social structures, networks, and ideologies that promote or prevent such connections.
- Understand the meanings of anal sex, penetration, & the exchange of semen and explore the relationships between various racial, ethnic, and class-based masculinities and anal sex practices
- Grapple with the emotions, pleasures, & wounds emerging from childhood and adolescent experiences with boys & men

### **Address the 8 Core Issues**

Confronting queer men of diverse generations, ethnicities, races, locations, and social classes

- Tap into sources of resilience, creativity, determination, humor & playfulness in diverse gay men's cultures
- Support healing from trauma: violence, abuse, homophobia, racism, poverty, AIDS and addiction
- Examine the ways transgression, risk, and the taboo interact with queer men's sexual desires, practices, and subcultures

### Address the 8 Core Issues

Confronting queer men of diverse generations, ethnicities, races, locations, and social classes

- Confront ways in which privileged masculinities of youth present challenges to & opportunities for well-being as men age
- Revive and recreate community rituals, social structures, and networks to replace those lost during the most intense crisis years of AIDS

# Key Features of the Gay Men's Health Movement

| It is not        | It is            |
|------------------|------------------|
| HIV focused      | Holistic         |
| Deficit-driven   | Asset-driven     |
| Individual focus | Relational focus |
| Directive        | Informative      |

# Key Features of the Gay Men's Health Movement

| It is not            | It is              |
|----------------------|--------------------|
|                      |                    |
| Fear-based &         | Trusting &         |
| Moralistic           | Celebratory        |
| Monocultural         | Multicultural      |
| Self-Esteem Building | Community-Building |
| Professionalized     | Grassroots         |
| Unitary              | Multiple           |

## Implications for HIV Research and Prevention

- A powerful gay men's health movement may provide a strong foundation for health promotion related to syphilis, HIV, substance abuse, and domestic violence
- HIV prevention may be most effective by not referencing HIV
- Challenging HIV-centric thinking may do much to strengthen gay men's health

## Implications for HIV Research and Prevention

- Non-directive, non-manipulative, non-coercive approaches may be most effective with gay and bisexual men
- Sexual meanings and social identities may be central to sexual practices, subcultures, and communities
- The Gay Men's Health Movement has the potential to catalyze new thinking, create new projects, and mobilize masses of gay and bisexual men